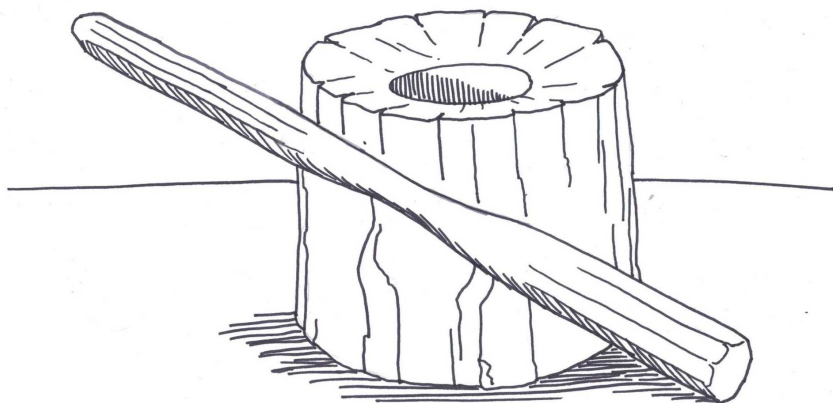


# 51. Lawng cih palz, cih raehz

How to make a mortar and pestle



Riang



# 51. Lawng cih palz, cih raehz

## How to make a mortar and pestle

Ihz taemz: Kawz Lingz, Thanz, Myahz Awng

Ihz caet: Cumz Lik Reu Yaang

Ihz taemz raang: Thein Tun Oo

Mony: Reu Yaang

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Mus a pum

1. Lawng cih palz, cih raehz 1  
(How to make a mortar and pestle)
2. Sahz boh sihz 3  
(Lice and clothesbugs)
3. Mat prit nutz 5  
(How to make pounded chili)

Riang

Myanmar



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Author: Kawz Lingz, Thanz, Myahz Awng

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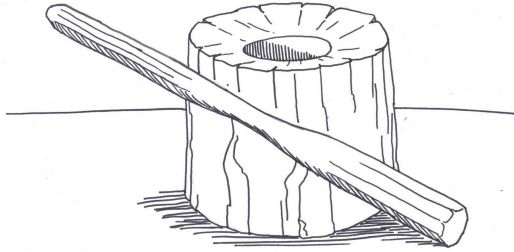
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## 1. Lawng cih palz cih raeh



Pruh Reu Yaang maang palz klawhz kaang. Palz An ni naeh lawng mawh ta Reu Yaang baaliz. Beuk maang palz, tuz suamz kohz kaw bawnz, tuz suamz kaaiz nyaak, mak prit naehz kaw bawnz. Kuanz mai Reu Yaang keui, beuk keuh cih palz, cih leh daehz ne. An ni samz ngaz lao plaez laai cih palz.

Phrihz phrahz an lo cao samz

1. ngawng
2. tamz baetz
3. baatz lawm
4. sacz war
5. hirz leu
6. khaehz truhz
7. khaehz ceun rac

Meuz seun teungz, lan khahz khaehz tuhز ruk,  
leh khaehz truhz. Lo leh tang ngawng, tang  
tamz baetz, thaengz hirz leu, beuk a awlz an  
laep kaw leh tamz baetz teunyz teuk taz, beuk  
a wa ceun diz kaw, leh hirz leu ne leu leh seu  
patz aez naeh seu keu teungz keu ni.

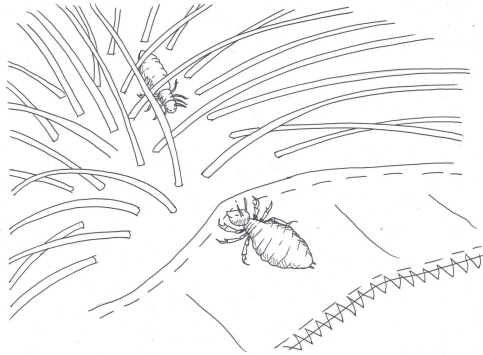
Kamz ni samz, bawnz peuk ceukz, leh baatz ne  
ko cih tuhز, reung truh aez naeh baanz seu  
keun caarz, beuk a wa ceun diz samz, bawnz  
leh sacz war ne, sacz teuk aamz tuhز leuk, laai  
cih palz naeh ceun ni.

Beuk ihz ngaz cih raez samz, leh khaehz ceun  
rac, dawmz leh an keu sangz keu sang keu diz.  
Tatz leh baanz seu waaiz leuz leuz keu ni,  
thaakz thengz klawk hnhz, riang aez seu  
plaakz mon mon, seu plaakz samz raamz pacz  
nyianz. Kamz ni samz thaakz aez naeh tahz na,  
beuk a wa ceun diz kaw, thaakz tuhز teun  
khinz, cih ti wam.

Laai cih ceun ni ne, nam anz daz cih bawnz taw  
palz, cih bawnz klawhz meoz an daehz lo, cih  
haangz damz meuk kaw bawnz.

## 2. Sahz boh sihz

Meuz diz neungz, maang sahz boh sihz, kaar naeh kuanz dawngz. Ihz samz ngaz raenz pawiz, kaar teur maanyz daehz da. Sihz maanyz sahz ne daz, “Anz mih ngaz lan pawiz dawngz sahz.” Sahz mial lao daz, “Ohz nam lan dawngz sihz, ihz cao ohz pao kaang da.” Keuiz daz hnhz seumz lan dawngz sihz daz, “Beuk mih awlz ihz seu naez kaw weng lao tang ohz naz”. Sihz ne kaw daz, “Eu”.



Sihz kaw lan, phihz bawnz moh kaai kingz ihz a. Hnhz kaw teuk soz yawt ihz da, samz awlz ihz mael patz, mael hanz, awlz thaengz tang ceu bunz, hnhz samz thaang daz kingz ceu bunz naeh pukz klaacz. Phihz kingz ceu bunz klaakz a.

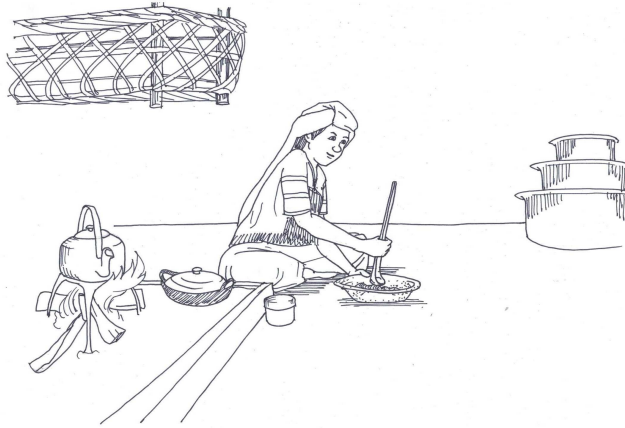
Kamz diz hnhz kaw weng,meuz weng tawiz reung dengz samz ngarz crawsz seu naaoz teur upz weng weng. Samz ngarz crawsz seu naaoz kaar diz saehz meu rae daehz tikz tikz. Pheuz weng phraeoz kaang, dawngz sahz samz saanyz maanyz, "Naeh seu naez ihz lan pawiz a." Hnhz kaw daz, "Ihz keunyz baaiz teur ka kaw mael patz, teur ka mael hanz, thaengz hawkz an diz samz, nam mas kingz hnhz cih naehz? Klaakz hacz aamz, thaangz naeh pukz klaacz awk, kingz hnhz a. Pheuz weng tawiz reung dengz, samz ngarz ihz saehz meu rae daehz tikz tikz. Daz dawngz sahz nahz."



Sahz kaw piatz tang klungz daehz ngot tikz tikz, beuk ceu kuz awlz kaw sunz ngot, ngot, ngot kingz paw kyehz.



### 3. Mak prit nukz



Beuk cih mak prit nukz, seu tuhz Reu Yaang, samz lo baaiz kheumz khlaepz a wa peun tangz, mak prit, suakz, caw mungz, lahz miz, phakz kiz. Beuk nukz trawiz kaw lo lahz trawiz.

Meuz seun teungz leh mak prit saps tuhz sroz keu tehz. Yawt tang mak prit, beuk nam paw makz wamz kaw saps taan taan. Suakz boh caw mungz kaw saps teun peu tang mak prit. Suakz boh mak prit kaw saps taan to pan.

Beuk a wa ceun diz samz leh laak teuk nac aez ducz ducz. Leh baaiz kheumz tangz ne teur noi saps tuhz sroz. Waaiz an diz saps omz, aez lumz baaiz kheumz.

Baaiz kheumz ne a wa taan ceum kaw leh laak teuk nac ducz ducz boh. Beuk a wa, sawiz saps lahz miz boh phakz kiz teur nyianz. Beuk saps lahz miz boh phakz kiz, nam saps trawiz leui, beuk saps trawiz samz, nam saps lahz miz boh phakz kiz leui. Saps omz seu daehz dawhz boh. A wa naeh seu tuhaz mak prit nukz raang priangz, omz nyaangz paw car.

Kamz ni a wa bawnz mak prit nukz seu sroz naeh seu tuhaz Reu Yaang.

An ni samz naeh laai cih mak prit nukz Reu Yaang.



